

## MOBILE TEAM TRAINING UNIT IV

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A Statewide System of Inservice Training Program
Illinois Law Enforcement Training and Standards Board



## **PRESENTS**

This 40-hour program is designed to provide officers with specialized training on dealing with individuals in the community who have a mental illness or other behavioral disability. CIT officers are trained as resource specialists who can provide immediate response to calls involving a mental health crisis. The "team" concept refers to law enforcement involvement with stakeholder agencies, as well as interagency mutual assistance when appropriate.

During the week, students will participate in a variety of valuable exercises that will simulate auditory and 3-D visual hallucinations that individuals with a mental illness might experience. The program will also provide officers with a unique opportunity to interact with individuals who have a mental illness and their family members (primary and secondary consumers).

An essential part of the CIT course is scenario-based skills training. Officers are challenged with realistic scenarios portrayed by professional actors. Scenarios may include a suicide intervention, de-escalating a violent situation, or responding to a call involving an individual experiencing paranoia. All scenarios are facilitated and evaluated by certified CIT officers.

#### Topics include:

Signs and Symptoms of Mental Illness Verbal De-escalation and Tactical Response Autism & Intellectual & Dev Disabilities Co-Occurring Disorders Substance Abuse Geriatric Issues and Considerations Community Resources Medical Conditions & Psychotropic Medications Child and Adolescent Disorders Risk Assessment and Crisis Intervention Skills Scenario-Based Role & Play LWEN Response & Legal Issues Returning Veterans and PTSD

# CRISIS INTERVENTION TEAM TRAINING

Prerequisite: To enroll in this class, officers must have at least two years of experience.

DATE: February 20-24, 2003 REGISTRATIONS ENDS: February 13, 2023

TIME: 8:00 AM-5:00 PM Maximum enrollment: 20

LOCATION: MTTU IV East Moline 1033 7th Street

**INSTRUCTOR:** Multiple Law Enforcement & Behavioral Health Professionals.

TUITION: MTTU IV Member: \$0 Non-member: \$0.00

MTTU IV Members have Priority Registration This class is funded through an ILETSB grant.

### Per Board approval, this Class Meets the following Mandatory Training Key Guidelines.

Civil Rights (1/2 hour)

Constitutional and Proper Use of Law Enforcement Authority (1/2 hour)

Crisis Intervention (12 hours)

Human Rights (7 hours)

Legal Updates (2 hours)

Officer Wellness and Mental Health (2 hours)

Procedural Justice (4 hours)

Use of Force De-escalation (8 hours)

Use of Force Officer Safety Techniques, including cover, concealment, and time (4 hours)