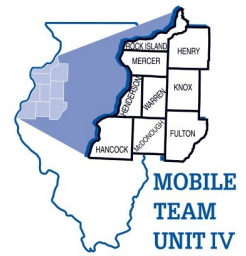




# MOBILE TEAM TRAINING UNIT IV



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A Statewide System of Inservice Training Program  
Illinois Law Enforcement Training and Standards Board

## PRESENTS

# 32-HOUR GROUND FIGHTING CONTROL TACTICS: INSTRUCTOR DEVELOPMENT

### Course Description:

This four day, 32-hour course has been designed to provide basic and advanced fighting maneuvers and counter-maneuvers for police defensive tactics instructors.

This state certified course will introduce students to simple and effective ground fighting maneuvers, including:

- Basic self defense
- Escort positions
- Controlling positions
- Submission moves
- Weapon retention
- Take downs
- Handcuffing skills

**DATE:** April 15-18, 2024

**REGISTRATIONS ENDS:** April 1, 2024

**TIME:** 8:00 AM-4:00 PM

**LOCATION:** Rock Island Police Department, 1212 5th Avenue, Rock Island, IL

**INSTRUCTORS:** John Hutson and Dan Meshenky

**Maximum Enrollment:** 16

**Cost:** MTTU IV MEMBERS: \$ 0.00 (HAVE PREFERENCE) - NON MTTU IV MEMBERS: \$400.00.

**PLEASE NOTE:** Students should wear appropriate workout attire. No ammo or firearms will be allowed into the training facility. Gun belts are optional.

### Per Board approval, this Class Meets the following Mandatory Training Key Guidelines.

Use of Force De-escalation Techniques—17.50 hours (16.50 of scenario-based); Law Concerning Stops, Searches and the Use of Force—2 hours; Officer Safety Techniques, including Cover, Concealment and Time—7.50 hours (7.50 of scenario-based)

### Instructors

The instructors for this program are Sergeant John Hutson (Des Plaines Police Department) and Sergeant Dan Meshenky (South Elgin Police Department) . Both instructors hold advanced ranking in Gracie/Brazilian Jiu-Jitsu, a discipline that has greatly impacted martial arts training since the early 1990's.