



MOBILE TEAM TRAINING UNIT IV



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A Statewide System of Inservice Training Program
Illinois Law Enforcement Training and Standards Board

PRESENTS

PRIMAL LEADERSHIP: LEARNING TO LEAD WITH EMOTIONAL INTELLIGENCE

Based on the New York Times best seller, Daniel Goleman addresses the resounding need for leaders and employee to embody Emotional Intelligence (EQ) skills. This class discusses the four EQ cores, that when practiced with diligent commitment, move, motivate and lead at every level of your agency. Never before has the need been greater from the inside-out to support and sustain officer and civilian morale.

The instructor will clarify and discuss with class participation:

1. The cores of Emotional Intelligence:
Self-Awareness, Self-Management, Social Awareness and Relationship Management
2. How honing/self-managing each core impacts a Supervisor's/Commander's ability to lead and develop their subordinates.
3. Recognizing and managing manipulative behaviors in self and others that erode internal health professional relationships that negatively impact Officers with the public.
4. EQ skills leaders need to build and sustain subordinate morale in these difficult times to constructively debrief towards increasing public human civility and professionalism.
5. Assessing Police past public practices toward building best/present practices to invest in and increase community trust in the Police.

Supervisors and Commanders will do group work to discuss common scenarios and conflicts and how to use EQ skills to invest in officer development.

DATE: March 28, 2024

REGISTRATION ENDS: March 14, 2024

LOCATION: MTTU IV 1033 7th Street, Suite 102, East Moline, IL 61244

TIME: 8:00 AM-5:00 PM

Instructor: Jan Mirikitani

Cost: MTTU IV MEMBERS: \$ 0.00 - NON MTTU IV MEMBERS: \$ 25.00

This Class Meets the following Mandatory Training Key Guidelines

Officer Wellness/Mental Health (1/2 hour; 1/2 hour scenario) and
Procedural Justice (1 hour; 1/2 hour scenario)

Instructor Bio

Jan Mirikitani has been a law enforcement trainer since 1989 and teaches on the municipal, state, and federal levels. Her B.S. degree is in English. Her M.A. is in Organizational Communications & Psychology. She has consulted with multiple federal, state, & municipal agencies providing leadership, coaching, & mentor ship succession training, strategic planning, character-driven professionalism, & leadership development skills. She has been a key-note speaker & trainer for state, regional, & federal conferences.

Mobile Team Training Unit IV has received certification for this course with the Illinois Law Enforcement Training and Standards Board