

## MOBILE TEAM TRAINING UNIT IV

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A Statewide System of Inservice Training Program
Illinois Law Enforcement Training and Standards Board



## **PRESENTS**

# 32-HOUR GROUND FIGHTING CONTROL TACTICS: INSTRUCTOR DEVELOPMENT

### **Course Description:**

This four day, 32-hour course has been designed to provide basic and advanced fighting maneuvers and countermaneuvers, for police defensive tactics instructors.

This state certified course will introduce students to simple and effective ground fighting maneuvers, including:

- Basic self defense
- Escort positions
- Controlling positions
- Submission moves
- Weapon retention
- Take downs
- Handcuffing skills

DATE: November 12-15, 2024 REGISTRATIONS ENDS: October 29, 2024

**TIME:** 8:00 AM-5:00 PM

**LOCATION**: Moline Police Department, 1640 6th Avenue, Moline, IL

**INSTRUCTORS**: John Hutson and Dan Meshenky

Maximum Enrollment: 16

Cost: MTTU IV MEMBERS: \$ 0.00 (HAVE PREFERENCE) - NON MTTU IV MEMBERS: \$400.00

PLEASE NOTE: Students should wear appropriate workout attire. No ammo or firearms will be allowed into the training facility. Gun belts are optional.

#### Per Board approval, this Class Meets the following Mandatory Training Key Guidelines.

Use of Force De-escalation Techniques—17.50 hours (16.50 scenario-based); Laws Concerning Stops, Searches, and the Use of Force—2 hours; Officer Safety Techniques, including Cover, Concealment and Time —7.5 hours (7.50 scenario-based) hours.

#### Instructors:

The instructors for this program are Sergeant John Hutson (Des Plaines Police Department) and Sergeant Dan Meshensky (South Elgin Police Department). Both instructors hold advanced ranking in Garcie/Brazilian Jiu-Jitsu, a discipline that has greatly impacted martial arts training since the early 1990s.