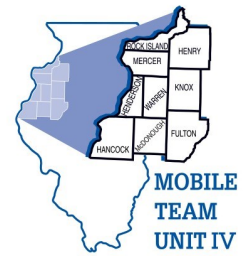




# MOBILE TEAM TRAINING UNIT IV

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A Statewide System of Inservice Training Program  
Illinois Law Enforcement Training and Standards Board



## PRESENTS

This 40-hour program is designed to provide officers with specialized training on dealing with individuals in the community who have a mental illness or other behavioral disability. CIT officers are trained as resource specialists who can provide immediate response to calls involving a mental health crisis. The "team" concept refers to law enforcement involvement with stakeholder agencies, as well as interagency mutual assistance when appropriate.

During the week, students will participate in a variety of valuable exercises that will simulate auditory and 3-D visual hallucinations that individuals with a mental illness might experience. The program will also provide officers with a unique opportunity to interact with individuals who have a mental illness and their family members (primary and secondary consumers).

An essential part of the CIT course is scenario-based skills training. Officers are challenged with realistic scenarios portrayed by professional actors. Scenarios may include a suicide intervention, de-escalating a violent situation, or responding to a call involving an individual experiencing paranoia. All scenarios are facilitated and evaluated by certified CIT officers.

### Topics include:

Signs and Symptoms of Mental Illness  
Verbal De-escalation and Tactical Response  
Autism & Intellectual & Dev Disabilities  
Co-Occurring Disorders Substance Abuse  
Geriatric Issues and Considerations  
Community Resources

Medical Conditions & Psychotropic Medications  
Child and Adolescent Disorders  
Risk Assessment and Crisis Intervention Skills  
Scenario-Based Role & Play  
LWEN Response & Legal Issues  
Returning Veterans and PTSD

## CRISIS INTERVENTION TEAM TRAINING

**Prerequisite:** To enroll in this class, officers must have at least one year of experience.

**DATE:** August 4-8, 2025

**REGISTRATIONS ENDS:** July 28, 2025

**TIME:** 8:00 AM-4:00 PM

Maximum enrollment: 25

**LOCATION:** Western Illinois University, Corbin Hall, Macomb, IL (Exact location TBD-Will update)

**INSTRUCTOR:** Multiple Law Enforcement & Behavioral Health Professionals.

**TUITION:** MTTU IV Member: \$0 Non-member: \$0.00 MTTU IV members have priority.

**Note:** Officers need to wear uniform on Thursday for scenario training. Class is funded by ILETSB.

### Per Board approval, this Class Meets the following Mandatory Training Key Guidelines.

Civil Rights (1/2 hour)  
Constitutional and Proper Use of Law Enforcement Authority (1/2 hour)  
Crisis Intervention (12 hours)  
Human Rights (7 hours)  
Legal Updates (2 hours)  
Officer Wellness and Mental Health (2 hours)  
Procedural Justice (4 hours)  
Use of Force De-escalation (8 hours; 4 are scenario-based)  
Use of Force Officer Safety Techniques, including cover, concealment, and time (4 hours-3 are scenario-based)