



MOBILE TEAM TRAINING UNIT IV

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A Statewide System of Inservice Training Program
Illinois Law Enforcement Training and Standards Board



PRESENTS

32-HOUR GROUND FIGHTING CONTROL TACTICS: INSTRUCTOR DEVELOPMENT

Course Description:

This four day, 32-hour course has been designed to provide basic and advanced fighting maneuvers and counter-maneuvers, for police defensive tactics instructors.

This state certified course will introduce students to simple and effective ground fighting maneuvers, including:

- Basic self defense
- Escort positions
- Controlling positions
- Submission moves
- Weapon retention
- Take downs
- Handcuffing skills

DATE: October 6-9, 2025

REGISTRATIONS ENDS: October 1, 2024

TIME: 8:00 AM-5:00 PM

LOCATION: Rock Island Police Department, 1212 5th Avenue, Rock Island, IL

INSTRUCTORS: John Hutson and Dan Meshenky

Maximum Enrollment: 16

Cost: MTTU IV MEMBERS: \$ 0.00 (HAVE PREFERENCE) - NON MTTU IV MEMBERS: \$0.00. MTTU IV members will have priority until 1 month prior to class.

PLEASE NOTE: Students should wear appropriate workout attire. No ammo or firearms will be allowed into the training facility. Gun belts are optional.

Per Board approval, this Class Meets the following Mandatory Training Key Guidelines.

Use of Force De-escalation Techniques—17.50 hours (16.50 scenario-based); Laws Concerning Stops, Searches, and the Use of Force—2 hours; Officer Safety Techniques, including Cover, Concealment and Time —7.5 hours (7.50 scenario-based) hours.

Instructors:

The instructors for this program are Sergeant John Hutson (Des Plaines Police Department) and Sergeant Dan Meshensky (South Elgin Police Department). Both instructors hold advanced ranking in Garcie/Brazilian Jiu-Jitsu, a discipline that has greatly impacted martial arts training since the early 1990s.