



MOBILE TEAM TRAINING UNIT IV



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A Statewide System of Inservice Training Program
Illinois Law Enforcement Training and Standards Board

PRESENTS

16-HOUR GROUND FIGHTING CONTROL TACTICS

Course Description:

This two day course has been designed specifically for police and law enforcement officers; and will introduce them to simple and effective ground fighting counter maneuvers, including:

- Controlling positions
- Submission moves
- Weapon retention
- Handcuffing skills

The primary goal of this course is to provide students with adequate knowledge and techniques designed to defend themselves in ground fighting altercations.

This course is one in a series of courses taught as part of the Ground Fighting Control Tactics program. GFCT instructors are encouraged to take this course to keep their skills sharp. This class can also be taken by those interested in becoming an GFCT instructor.

DATE: March 9-10, 2026

REGISTRATIONS ENDS: March 2, 2026

TIME: 8:00 AM-5:00 PM

LOCATION: Monmouth/Roseville High School 200 South B Street, Monmouth, IL 61462

INSTRUCTORS: John Hutson and Dan Meshenky

Maximum Enrollment: 16

Cost: MTTU IV MEMBERS: \$ 0.00 (HAVE PREFERENCE) - NON MTTU IV MEMBERS: \$0.00. MTTU IV members will have priority until 1 month prior to class.

PLEASE NOTE: Students should wear appropriate workout attire. No ammo or firearms will be allowed into the training facility. Gun belts are optional.

Per Board approval, this Class Meets the following Mandatory Training Key Guidelines.

Constitutional/Proper Use of Force —.5 hours; Use of Force De-escalation Techniques—6.50 hours (6.50 scenario-based); Laws Concerning Stops, Searches, and the Use of Force—.5 hours; Officer Safety Techniques, including Cover, Concealment and Time —7.5 hours (7.50 scenario-based) hours.

Instructors:

The instructors for this program are Sergeant John Hutson (Des Plaines Police Department) and Sergeant Dan Meshensky (South Elgin Police Department). Both instructors hold advanced ranking in Garcie/Brazilian Jiu-Jitsu, a discipline that has greatly impacted martial arts training since the early 1990s.

Mobile Team Training Unit IV has received certification for this course with the Illinois Law Enforcement Training and Standards Board