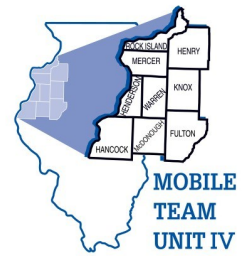




MOBILE TEAM TRAINING UNIT IV



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A Statewide System of Inservice Training Program
Illinois Law Enforcement Training and Standards Board

PRESENTS

CRISIS INTERVENTION TEAM (CIT) TRAINING

This 40-hour program is designed to provide officers with specialized training on dealing with individuals in the community who have a mental illness or other behavioral disability. CIT officers are trained as resource specialists who can provide immediate response to calls involving a mental health crisis. The "team" concept refers to law enforcement involvement with stakeholder agencies, as well as interagency mutual assistance when appropriate.

During the week, students will participate in a variety of valuable exercises that will simulate auditory and 3-D visual hallucinations that individuals with a mental illness might experience. The program will also provide officers with a unique opportunity to interact with individuals who have a mental illness and their family members (primary and secondary consumers).

An essential part of the CIT course is scenario-based skills training. Officers are challenged with realistic scenarios portrayed by professional actors. Scenarios may include a suicide intervention, de-escalating a violent situation, or responding to a call involving an individual experiencing paranoia. All scenarios are facilitated and evaluated by certified CIT officers.

Topics include:

Signs and Symptoms of Mental Illness
Verbal De-escalation and Tactical Response
Autism & Intellectual & Dev Disabilities
Co-Occurring Disorders Substance Abuse
Geriatric Issues and Considerations
Community Resources

Medical Conditions & Psychotropic Medications
Child and Adolescent Disorders
Risk Assessment and Crisis Intervention Skills
Scenario-Based Role & Play
LWEN Response & Legal Issues
Returning Veterans and PTSD

Prerequisite: To enroll in this class, officers must have at least one year of experience.

DATE: July 27-31, 2026

REGISTRATIONS ENDS: July 20, 2026

TIME: 8:00 AM-4:00 PM

Maximum enrollment: 25

LOCATION: Western Illinois University, Horrabin Hall, 950 N. Western Ave., Macomb, IL.

****Park in lot south of building across from library****

INSTRUCTOR: Multiple Law Enforcement & Behavioral Health Professionals.

TUITION: MTTU IV Member: \$0 **Non-member: \$0.00** MTTU IV members have priority.

Note: Officers need to wear uniform on Thursday for scenario training. **Class is pending ILETSB funding.**

Per Board approval, this Class Meets the following Mandatory Training Key Guidelines.

- Civil Rights (1/2 hour)
- Crisis Intervention (12 hours)
- Legal Updates (2 hours)
- Procedural Justice (4 hours)
- Use of Force Officer Safety Techniques, including cover, concealment, and time (4 hours-3 are scenario-based)
- Constitutional and Proper Use of Law Enforcement Authority (1/2 hour)
- Human Rights (7 hours)
- Officer Wellness and Mental Health (2 hours)
- Use of Force De-escalation (8 hours; 4 are scenario-based)