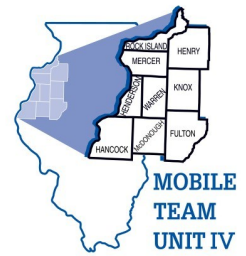




MOBILE TEAM TRAINING UNIT IV

Main Office: 6600 34th Avenue, Bldg. 2, Moline, Illinois
Phone: (309) 755-3271 • **Fax:** (309) 755-3371
Satellite Office: 1801 Windish Drive • Galesburg, Illinois 61401
Phone: (309) 344-3366 • **Fax:** (309) 344-5215

A Statewide System of Inservice Training Program
Illinois Law Enforcement Training and Standards Board



PRESENTS

GROUND FIGHTING CONTROL TACTICS: TAKE DOWNS AND ESCORTS (8 HOURS)

COURSE DESCRIPTION:

This 8 hour course is part of the Ground Fighting and Control Tactics Series. Officers will learn to escape, control, and takedown offenders through the principles of body positioning and leverage. In today's culture, increasing awareness of mixed martial arts techniques are having a direct impact upon what officers are likely to face during standing and ground altercations. It is known that 90% of fights go to the ground and officers must be prepared for resistive persons who wish to assault them with these techniques.

This one day course will introduce Officers to effective takedowns and escorts, and teach them simple and effective counter maneuvers with regard to size and strength, including:

- Controlling positions
- Escort positions
- Takedowns
- Escapes

DATE: October 19, 2026

REGISTRATIONS ENDS: October 12, 2026

TIME: October 19 8:00 AM - 5:00 PM

Location: MTTU IV @ BHC 6600 34th Avenue, Building 2, Room 126, Moline, IL 61265

Instructor: John Hutson and Dan Meshenky

Maximum Enrollment: 40 Cost: MTTU IV MEMBERS: \$ 0.00 - NON MTTU IV MEMBERS: \$ 0.00

MTTU IV Members are given priority registration status 1 month prior to class.

GFCT: Take Downs and Escorts

Per Board approval, this Class Meets the following Mandatory Training Key Guidelines.

Constitutional Use of Law Enforcement Authority (.5 hours); Legal Updates (.5 hours); Use of Force De-escalation Techniques (4 hours/4 scenario based); Use of Force Officer safety techniques, including cover, concealment and time (2.5 hours/2.5 scenario based)

The instructors for this program are Sergeant John Hutson (Ret.) (Des Plaines Police Department) and Sergeant Dan Meshenky (Ret.) (South Elgin Police Department). Both instructors hold advanced ranking in Gracie/Brazilian Jiu-Jitsu, a discipline that has greatly impacted martial arts training since the early 1990's.