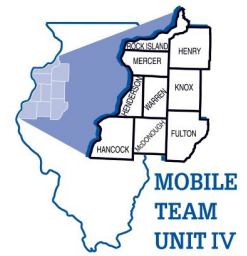




MOBILE TEAM TRAINING UNIT IV

Main Office: 6600 34th Avenue, Bldg. 2, Moline, Illinois
Phone: (309) 755-3271 • **Fax:** (309) 755-3371
Satellite Office: 1801 Windish Drive • Galesburg, Illinois 61401
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A Statewide System of Inservice Training Program
Illinois Law Enforcement Training and Standards Board



PRESENTS

GROUND FIGHTING CONTROL TACTICS: ESCAPING GRIPS AND GRAPS(8 HOURS)

COURSE DESCRIPTION:

This 8 hour course is part of the Ground Fighting and Control Tactics Series. Officers will learn to escape common grips and grabs through the principles of body positioning and leverage. In today's culture, increasing awareness of mixed martial arts techniques are having a direct impact upon what officers are likely to face during standing and ground altercations. It is known that 90% of fights go to the ground and officers must be prepared for resistive persons who wish to assault them with these techniques.

This one day course will introduce Officers to effective takedowns and escorts, and teach them simple and effective counter maneuvers with regard to size and strength, including:

- Controlling positions
- Submission Moves
- Escapes

DATE: October 20, 2026

REGISTRATIONS ENDS: October 13, 2026

TIME: October 20 8:00 AM - 5:00 PM

Location: MTTU IV @ BHC 6600 34th Avenue, Building 2, Room 126, Moline, IL 61265

Instructor: John Hutson and Dan Meshenky

Maximum Enrollment: 16 Cost: MTTU IV MEMBERS: \$ 0.00 - NON MTTU IV MEMBERS: \$ 0.00

MTTU IV Members are given priority registration status 1 month prior to class.

GFCT: Escaping Grips and Grabs

Per Board approval, this Class Meets the following Mandatory Training Key Guidelines.

Constitutional Use of Law Enforcement Authority (.5 hours); Use of Force De-escalation Techniques (4 hours/4 scenario based); Law concerning stops, searches and use of force (.5 hours); Use of Force Officer safety techniques, including cover, concealment and time (2.5 hours/2.5 scenario based)

The instructors for this program are Sergeant John Hutson (Ret.) (Des Plaines Police Department) and Sergeant Dan Meshenky (Ret.) (South Elgin Police Department). Both instructors hold advanced ranking in Gracie/Brazilian Jiu-Jitsu, a discipline that has greatly impacted martial arts training since the early 1990's.