MOBILE TEAM TRAINING UNIT IV

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A Statewide System of Inservice Training Program
Illinois Law Enforcement Training and Standards Board



PRESENTS

This 40-hour program is designed to provide officers with specialized training on dealing with individuals in the community who have a mental illness or other behavioral disability. CIT officers are trained as resource specialists who can provide immediate response to calls involving a mental health crisis. The "team" concept refers to law enforcement involvement with stakeholder agencies, as well as interagency mutual assistance when appropriate.

During the week, students will participate in a variety of valuable exercises that will simulate auditory and 3-D visual hallucinations that individuals with a mental illness might experience. The program will also provide officers with a unique opportunity to interact with individuals who have a mental illness and their family members (primary and secondary consumers).

An essential part of the CIT course is scenario-based skills training. Officers are challenged with realistic scenarios portrayed by professional actors. Scenarios may include a suicide intervention, de-escalating a violent situation, or responding to a call involving an individual experiencing paranoia. All scenarios are facilitated and evaluated by certified CIT officers.

Topics include:

- Signs and Symptoms of Mental Illness
- Verbal De-escalation and Tactical Response
- Autism & Intellectual & Dev Disabilities
- Co-Occurring Disorders Substance Abuse
- Geriatric Issues and Considerations
- Community Resources
- Medical Conditions & Psychotropic Medications
- Child and Adolescent Disorders
- Risk Assessment and Crisis Intervention Skills
- Scenario-Based Role & Play
- LWEN Response & Legal Issues
- Returning Veterans and PTSD

CRISIS INTERVENTION TEAM TRAINING

Prerequisite: To enroll in this class, officers must have at least one year of experience.

DATE: March 15-19, 2027 **REGISTRATIONS ENDS: March 1, 2026**

TIME: 8:00 AM-5:00 PM Maximum enrollment: 30

LOCATION: MTTU IV @ Black Hawk College, 6600 34th Ave., Building 2, Room 126, Moline, IL
INSTRUCTOR: Multiple Law Enforcement & Behavioral Health Professionals.

TUITION: MTTU IV Member: $0 Non-member: $0.00 MTTU IV members have priority.

Note: Officers need to wear uniform on Thursday for scenario training. **Class is funded by ILETSB.**

Per Board approval, this Class Meets the following Mandatory Training Key Guidelines.

Civil Rights (1/2 hour)
Constitutional and Proper Use of Law Enforcement Authority (1/2 hour)
Crisis Intervention (12 hours)
Human Rights (7 hours)
Legal Updates (2 hours)
Officer Wellness and Mental Health (2 hours)
Procedural Justice (4 hours)
Use of Force De-escalation (8 hours; 4 are scenario-based)
Use of Force Officer Safety Techniques, including cover, concealment, and time (4 hours-3 are scenario-based)

Mobile Team Training Unit IV has received certification for this course with the Illinois Law Enforcement Training and Standards Board